

Lions District 201V3 Lions Ride for Sight

lionsrideforsight@gmail.com

Karl Henderson
Ride for Sight Chairman 2026
+61 412 553 159

Geoff Anderson
District 201V3 Governor
+61 412 285 913



Newsletter No. 3 – November 2025

Hello Riders!

The Committee has some important updates to share as we move into the silly season.

New Ride Chairman

Lion **Rod McGregor** (Inverloch) has stepped down as Ride Chairman and we would like to sincerely thank him for his hard work and dedication to the ride over many years. We are lucky that Lion Rod will still be assisting us with important aspects of the ride planning.

We would also like to introduce Lion **Karl Henderson** (Bairnsdale) as our new Ride Chairman; we truly appreciate Chairman Lion Karl stepping up to take on this role and we look forward to supporting him during the next few months of busy preparation and, of course, on the Ride itself.

Registration

We are pleased to report that registration for the 2026 District 201V3 32nd Lions Ride for Sight is now **open**.

To register for the 4 day "*Strzelecki Spin*" ride, please click this link: [4 Day Ride Form](#)

Registration closes on **Friday 9 Jan** and ride participant numbers will be **capped at 50**, so please make sure you register as soon as possible so as not to miss out.

Once again, we will have a "*Ride with a Difference*" for those who are unavailable for the four day ride'.

To register for the 4 week "*Ride with a Difference*", please click this link: [4 Week Ride Form](#)

Registration closes on **Friday 20 February**.

If you are unable to ride but would like to help out as *Support Crew*, please click on this link: [Support Crew Form](#)

New Riders Welcome

For the ongoing success of the Ride for Sight, we are keen to have more riders join.

Please be proactive in recruiting friends, family, colleagues, club members by sharing the RFS poster attached at the end of this Newsletter.

If you have a new rider interested in joining the 2026 RFS, please pass them the registration links for the Ride.

Ride Information

Please note there have been a few updates to the daily ride distances (with further tweaks still possible):



Lions District 201V3 Lions Ride for Sight

lionsrideforsight@gmail.com

Karl Henderson
Ride for Sight Chairman 2026
+61 412 553 159

Geoff Anderson
District 201V3 Governor
+61 412 285 913



- Day #1 (19 March) Longwarry to Churchill 79km, 690m
- Day #2 (20 March) Churchill to Inverloch 109km, 934m
- Day #3 (21 March) Inverloch to Nyora* 81km, 768m
- Day #4 (22 March) Nyora to Longwarry 44km, 119m

*The overnight stop at Nyora is still under review. Further details will be provided when the location is confirmed with the Lions Club of Strzelecki.

The pre-ride dinner will be at the **Longwarry Hotel**, 4 Kennedy St, Longwarry VIC 3816.

For anyone needing to travel to Longwarry by train, it's served by V/Line (Traralgon - Bairnsdale).

Although daily ride distances are not too lengthy, **the route does have quite a few hills** (as you can see from the elevation gains above), so it's a good idea to **start training early**.

E-bikes are welcome if you feel you need a bit of extra support along the way.

As with previous years, vision impaired riders are most welcome to participate on their tandem.

Other Resources



Our Facebook and Instagram Page are ready! Please visit and follow to spread the word.

[RFS Facebook page](#)



[RFS Instagram page](#)



Click 'Follow' and you'll start seeing real-time Ride updates in your thread.



For general information about the Ride For Sight, [visit our webpage](#) or scan the QR code below:



For more information about Centre for Eye Research Australia (CERA), [visit their website](#) or scan the QR code below:





CENTRE FOR
Eye Research
Australia

Join the 32nd Ride for Sight²⁰²⁶

**Thursday,
19 March
to
Sunday,
22 March**



Raise money for research aiming to prevent blindness while enjoying the beautiful scenery of Gippsland with fellow cyclists.

The Ride for Sight is an annual event organised by Lions District 201V3 in support of their mission to serve the community.

Challenge yourself with the 320km four-day *Strzelecki Spin*, starting and ending in Longwarry, or sign up for the four-week *Ride with a Difference* and cycle at your own pace.

All money raised supports the Centre for Eye Research Australia's groundbreaking research to find new and improved treatments for vision loss.

Setting off from Longwarry on Thursday, 19 March to complete a circuit through Yinnar, Inverloch and Nyora, enjoying the rolling South West Gippsland countryside returning to Longwarry on Sunday, 22 March.

Arrive the day before and enjoy the pre-ride meet-up and dinner Wednesday evening, 18 March, in Longwarry.



**Scan for more
information
and to register**

**Registrations close
Friday, 9 January 2026**