

Lions District V3 ROAR!

INVERLOCH EYES TREATMENT PROGRESS

Inverloch and District Lions Club were very proud to be able to support an idea brought to us by Sharon Oates of Team Sisters (Ride for Sight) to hold a fundraising night with speakers from the Centre for Eye Research Australia.

On Wed 28th May, over 70 people gathered over dinner in Wonthaggi to listen to Professor Robyn Guymer AM and Associate Professor Guei-Sheung Lui talk about their research progress into treatments for Macular degeneration and gene therapy as a potential replacement for eye injections.

Attendees also viewed a video presented to the Federal Government late last year that Sharon, her sisters and Parents, who both suffer from Macular Degeneration, were asked to be part of. The video highlighted the challenges and effect on a family that this condition brings about.

Thank you to Sharon for her work and Bendigo bank for their generous donation. All proceeds donated to Lions Ride for Sight and contributed to Team Sisters' total, \$30,000.











...AND CELEBRATES A SUCCESSFUL YEAR

A successful year was celebrated on June 2nd at the 24th annual changeover dinner with more than 90 people in attendance. Many community group members joined us to receive donations for their organisations. Three events from the year were highlighted on the night.

Lion Ian Rasmussen was congratulated for his Citizen of the Year award on Australia Day.

Team Sisters were presented with their sponsorship cheque and applauded for their enormous effort in fundraising for Ride for Sight.

Community members were thanked for their help and support in the successful completion of the Den extension so that all equipment is now safely housed.

Thank you to the many Lions members from the district that attended and special thanks to DG Ian Davey. Thanks to MC, Terry Hall, organiser of the night.

Carole Livesey

COME ENJOY THE CHANGEOVER CELEBRATIONS!

201V3 Changeover Luncheon

All Lions, Leos, partners and friends thank you for attending to celebrate the past and future lions' year and

To

Welcome Home

DG Geoff and Lions Lady Rosemary

&

Thanks to IPDG Ian

Sunday 27th July 2025 11.30am for 12pm start with a 3.30pm finish

At

The Warragul Country Club 41 Sutton Street, Warragul

About this newsletter



This is the official newsletter of the 201V3 district of Lions International. 201 is Australia & PNG and V3 is a district that covers clubs in the area shown above.

DISTRICT GOVERNOR'S REPORT

Greetings, Lions of 201V3 District. In my message to you all in May, I mentioned some detail of visits to your clubs by the DG Team, myself, Roger and Dale. Our Cabinet Secretary, Terry is moving along, firming some of these up and I look forward to commencing my program of club visitation, which will commence in August.

I feel the need to mention the matter of raising motions to the 201V3 District Convention. The Convention, as you all should be aware, will be held in Warragul from Friday, 24th October until Sunday, 26th October. A long way off - no! Notices of general motions must be with the Cabinet Secretary no later than 22nd July - just three weeks after the publication of this Newsletter. If your club is unsure of the procedures for raising a notice of motion, please contact our Cabinet Secretary, Terry Hayler (tha89654@bigpond.net.au). There are other deadlines nearer the time but these can be mentioned in subsequent Newsletters. Don't forget to nominate club delegates. Each club is allowed one delegate for every ten members. Make sure you register for the District Convention, come along and vote. There will be some important motions before the Convention in October - make sure your opinion, and that of your club is counted.

In my message in the May newsletter, I left you with these thoughts:

(i). Charles Darwin (1809-1882) said "it is not the strongest of the species that survives, nor the most intelligent, but the one that is most adaptable to change".

(ii) My motto for the coming year is: Serving better together.

Picking up on Darwin's quote on the need for change. I don't intend to say a lot about the need for change, only to say that I agree that change is an essential element of survival. Lions has been around over one hundred years, and adaption to a changing environment will be essential to our success in the next hundred. Adaption for survival doesn't require a quantum change overnight, but it does need to come in the form of a gradual and progressive change. You will hear a little from me on this often during the coming year.

And regarding my motto. When I was parachuted into the First Vice District Governor position in September, I started thinking what should be my motto. I looked around and all the good ones had been taken, I liked DG Ian's motto "service with a smile", but felt I could hardly say "same again please". I liked the idea of service and people working collaboratively to achieve results and I came up with "serving better together". Before going public with this idea, I thought best to run it through Google because you never know what connotations could be out there. I found that it had a link with the world of tennis, particularly regarding mixed doubles and I found a great paragraph written by Artificial Intelligence. Best of all, I found a religious connotation with a reference to Ecclesiastics 4:9-10 which says two can produce more than twice that of one, and if one falls down, the other will help the fallen one to get up. This was more than the relevance I was hoping for. Serving better together says, yes, we can achieve more by working collaboratively, but as important we can support one another. If a fellow Lions Club member is going through a low time through disillusionment or burn out, those around can support that member. And if a nearby Lions Club is going through a bad-patch of low member numbers, in-fighting or any of those other negative aspects that invariably haunt us from time to time - reach out, lend a hand and be there for that fellow Club. Serving better together - we can serve better and enjoy.

Meanwhile, I continue to look forward to working with the Clubs and Lions of District 201V3 during 2025/26. Let's have a great year serving better together.



CABINET SECRETARY'S REPORT

How time moves on and flies, we now start a new Lions year and I look forward to working with all members of the district and helping each and every one of you when needed. If I don't know the answer I will try and find it out for you.

As per the last newsletter the dates for the applications for projects, positions etc was forwarded by Rules and By Laws Officer Maurice so if you have any concerns please contact him and he will help you with your application or notice of motion.

DGE Geoff is still in USA and will be inducted late July but will be back for the changeover and his motto for this year is "Serving Better Together". So let us all work to the goal of achieving our own goals with our Presidents and DGE Geoff.

The District Governor team will start to visit clubs in August and I will send out the return you can send to them about your clubs so that they are prepared when they attend. This night is important for not only our district but members as well, so please include all members and partners if possible and make it an enjoyable and fun night. The team does like to see your club operate as usual and observe what you achieve around your community.

The District Convention will be held at Lardner Park 151 Burnt Store Road Warragul on the 24th, 25th and 26th October 2025, so please attend if possible and make it a fund time for all.

And another important date for you all to consider:

Changeover Lunch – Warragul Country Club - \$40 per head drinks at bar prices – 11:30am for 12:00 noon start. Lets celebrate IPDG Ian's year and welcome home DG Geoff and Rosemary.

Yours in Lions Terry Cab Sec "Serving Better Together"



WELFARE

WELFARE REPORT

I will be continuing as your V3 District Welfare Officer for District Governor Geoff Anderson.

District Governor Geoff and the V3 Cabinet would like to pass on condolences to the family and friends of Lion Graham McKenzie from the Lions Club of Trafalgar, who passed away earlier this month. Lion Graham was a well respected member of the Trafalgar Lions Club and of the V3 District. Lion Graham had been a Lion for 55 years and held many positions on Cabinet and within his club. He will be sadly missed by his family, friends, his club and the V3 Lions family.

Sincere condolences to 2nd Vice District Governor Roger Lurz, Lion Karen Lurz and their family on the recent passing of Roger's mother.

Best wishes are extended to two members of the Lions Club of Moe, Lion Kay Anderson, who has broken her wrist and to Lion Betty Mathews, who has been unwell, we wish them both a speedy recovery.

Best wishes are also extended to Lion Lady Diana Hayler, who is recovery from knee replacement surgery.

Due to health reasons, PCC Steve Boyce will be taking a three month leave of absence from all of his Lion duties We wish Steve well and look forward to his return to the Lions family.

To all other members who have been unwell, best wishes for a speedy recovery.

Please let me know if you have any news to be included in the Welfare Report.

Sandra Faull sandra.faull@gmail.com

Thank you all for joining your respective clubs and we hope you will enjoy working with and enjoying the company of your fellow Lions.

Sandra Faull

District 201V3 Welfare Chairman 0417 531 211

CHILDREN OF COURAGE

Lions Children of Courage Awards 201 V3 Nepean School, Seaford Friday 20th June 2025

The Lions Children of Courage awards recognize an incredibly special group of children and their families. There are many awards that recognize the achievements of young people, however, children with 'special needs' were not catered for. These awards are especially designed to recognize the courage and bravery shown by these children every day. The Lions Children of Courage Awards are not a competition. Every recipient of an award is a "winner" in his or her own right, as the recognition of these young peoples' achievements will:

- Act as an encouragement for their future
- Help them to believe in themselves, and
- Help to increase their self-worth

Lions District 201 V3 Children of Courage Awards were established 25 years ago, by PDG Norma Barnard, who at the time held the position of a Zone Chair.

Nepean School in Seaford were able to present three students from each of the three levels within the school. PDG Lion Norma Barnard and Lion Julie Swan attended this function on Friday 20th June 2025 and presented a certificate, Lions Bear and balloons to the students. (one student absent)



Javid Sharifi with family



Lion Julie Swan & PDG Lion Norma Barnard With Nepean School students & family



Akain Elayaperuma with mom



CLAYTON'S CHANGEOVER

Paynesville held a "Clayton's Changeover" at 3880 Restaurant in mid-June. All ten Board members were re-elected for a further term in office.

PDG Kim Ainsworth carried out the induction of the Board members. The guests present were Kim and his wife Chris, Rex Reilly , and his wife Leslie, and Nataly and Dominique representing Community Bank Paynesville and District.

President John gave a comprehensive address about the activities during the 24/25 year and his vision for the coming year. The major fund raising activities of cemetery maintenance, community markets and raffles have been very successful. The club expects to make disbursements of approximately \$35,000. This includes major donations to Paynesville Ambulance Auxiliary and Bairnsdale Regional Health Service. As well as fund-raising, behind the scenes the Lions are very supportive of Lions, ex Lions and other community members who are facing tough times. John said he was expecting another successful year with emphasis on continuing fund raising for BRHS and the intention to be involved with "Do It For Dolly" and other mental health causes.



Medical Equipment for Frankston Palliative Care Unit

Frankston Lions Club were recently able to donate ROHO Cushions (2) to the Frankston Palliative Care Unit. In conjunction with the District Cake Allocation Fund, the club was proud to be able to present them to the Unit Manager.

Patients receiving palliative care often experience prolonged periods of immobility which puts them at a significant risk of developing pressure areas. ROHO cushions are the best line of defence against sacral pressure areas. In addition, patients with certain types of cancer experience significant pain in their sacral region, ROHO cushions have been found to be beneficial in relieving this pain. Providing these cushions aligns with the Palliative Care Unit's commitment to compassionate, patient-centred care and will greatly improve the comfort and dignity of their patients during their final stages.



Leslie Reilly, 3880's Annie and Paynesville Op Shop President Rex Reilly - major Lions supporters



President John and Past DG Kim

The Palliative Care Unit values our club's ongoing collaboration in facilitating positive outcomes for their patients and the local community.



Cate (Palliative Care Nurse), Tony (Frankston Lions Club President), Monique (Acting Nurse Unit Manager Palliative Care Unit), Julie (Frankston Lions), Jennifer (Palliative Care Nurse), Deb (Palliative Care Ward Clerk).



Dominique and Nataly representing our major donor Bendigo Bank



Treasurer Chris, Membership Chairperson Bill, 1st Vice President John and Secretary Peter



Kim and the new team



MC Chris and our District Rep Margot



THEY MAKE IT ALL POSSIBLE

Twin Rivers have included in their latest newsletter these wonderful contributions from volunteers. We have reproduced here for your enjoyment. What a great initiative, and we would very much welcome more stories from volunteers throughout the district.



GILLIANTreasurer & Team member

I joined the Lions Club about 5 years ago looking to make new friends and to get involved in the community.

It has been a great experience. All the members are super supportive and friendly. The projects are many, from helping the local hospital with sewing specialized items to running a book exchange where we meet many lovely local residents. My favorite colour is blue. My main pastime is spending time with my grandchildren and family who live close by. I like helping out at the Lions Community Shed in Swan Reach doing odd jobs.



MARTHAClub member and sewist

I moved to Johnsonville a couple of years ago, and after settling in my new surroundings, I started looking for a local club to join. I found a flyer of the Twin Rivers Lions Club, in Swan Reach, at my local shop, advertising they soon would hold a Book Fair in the Johnsonville Hall.

I had a look at their website as well and noticed they needed volunteers for sewing. In my previous life I did quite a bit of sewing, something I always liked doing. So I decided to go to the Book Fair and have a look around. I spoke to Dot and Desma, and was invited by Desma to come along to their Tuesday group meeting.

I have enjoyed going to the group from the first day I went, and soon became a member. I love the camaraderie in the group; we often have a good laugh. Soon I found a sewing machine (in the cupboard), and sewing has become my main contribution to the group, sewing boomerang bags, and other worthwhile projects. These are made from clean donated fabrics.

The aim of the Club is to recycle many things, for example: books for ours own community book exchange and for the 123Read2Me kid's books, glasses, stamps, fabrics, collecting tin cans and bottles, and a few more things. They are such worthwhile projects. It gives me a good feeling to be part of this group.



LORETTAMember & Community Liaison Office

Loretta is pictured with the Governor General recently at the Bairnsdale Library. At this meeting she was able to share with the Governor General our club's involvement in sourcing and distributing over 10,000 children's books from 0 to 12yrs annual in east Gipps. Loretta enjoys supporting other organisations such as the Friends of the Bairnsdale Library who donate regularly to our club children's books for our 123READ2ME literacy program along with several Op Shops, Schoolworks Bairnsdale and locals. Without this support the club could not facilitate this program.



GAYLECommunity volunteer

I first heard about the book exchange from a flyer, and being an avid reader, I was very interested to find out what it was all about.

I visited the well-stocked Book Exchange a few times with my teenager, and loved that I could exchange my books so easily for ones I hadn't read yet.

I love volunteering on Sundays, (third Sunday of month) as it allows me to connect with other readers, sharing recommendations and helping to find particular books.

The team are fabulous to volunteer with, and we always enjoy a good chat as we work away together.







VOLUNTEER STORIES



AMANDA
Club Member & Book Exchange Team
Coordinator

As a lifelong sewer who had recently retired from a hectic teaching career, I first encountered Twin Rivers Lions Club in a Facebook post by Desma, who was appealing for volunteers to sew Boomerang Bags both as a worthwhile environmental/recycling effort, and as a fundraiser for the Club.

Desma was very welcoming and I found out all about the Club's sewing projects, but I also very quickly found out about other Club activities about which I'm equally passionate – which is books and reading.

In particular, I volunteer on Tuesdays at the Swan Reach Club shed, to help maintain, promote and assist with the borrowing library. This is a fantastic offering to the local community (although it attracts passionate readers from all directions and distances), as it enables the sharing and ongoing enjoyment of thousands of booksfiction and non-fiction, DVDs etc - rather than them ending up as landfill.

The second program that I love to work with is the 123Read2Me free book program. Learning to read is something so many of us take for granted but it is a far bigger challenge than we often realise. However, being surrounded by books and being encouraged and enabled to enjoy books and the reading experience helps with this vital life skill. And of course, reading is more than a skill – it is an escape, it empowers us to be independent in life, it offers us a way into new worlds and cultures – so many reasons to enjoy books!



DOTClub Secretary & Craft Team Coordinator

As a keen sewer, after reading a call-out for help to sew bags for the Lions Club, I went along to help out and never left.

I am in charge now of the crafts section and love creating various items to sell (fundraiser for our club), as well as helping make items requested by our welfare and charity partners.

It is very satisfying to know that 100% of what we make in fundraising for specific projects goes to those projects, and that the majority of the materials we use have been donated.

Having only moved to Nicholson 4 years ago, I feel very much at home and have made wonderful friendships not only through Lions but also other community groups.







Community volunteer in own home as able

Several years ago, I responded to a call out via Facebook to sew boomerang bags and wildlife pouches for the Lions Club. My days were busy, but evenings were free to indulge in sewing for a cause at my own place.

Although I am not a group/meeting person I have enjoyed my contact with Desma, Peter and the ladies from Twin Rivers Lions Club. It's been a win/win situation for me as I feel I am indulging my need to sew as well as contributing to a worthy community cause.

I'm helping by cutting out fabrics and making samples for specific items the club gets requests for. - As I enjoy making a difference. I also enjoy cutting up fabrics using left overs as they turn out quite unique.







LICOLA SEPTEMBER CAMP: BOOK NOW

To ALL Lions Clubs, please find the QR Code at the bottom of this article for you to put in your club's application for our upcoming September camp. All dates and information are on this form.

You must fill this application out via the link (online only) and no payment is needed until confirmation has been sent to you and an invoice for your number of children sponsored.

I have also attached a copy of the new procedures and process for how our sponsor camp works about selecting children and how Licola staff contact the children and gather their information.

I still encourage you to reach out to your potential schools you wish to nominate if you would like to give them a heads up that we will be contacting them and gauge if they think they will be able to participate.

We have specific pick-up points and if you believe your area can get children to these pick-up points, either via parent, guardian, or Lions Club members, we look forward to receiving your application.

PICK-POINTS for Bus...The return trip on Friday is the same drop off points as Monday's pick-up points

- *1A Bellerine Street GEELONG
- *Lara Train Station LARA
- *Albert Park Lakeside MSAC
- *John Hemmings Memorial Park DANDENONG
- *Corner Murray & Market Streets YARRAGON
- *Apex Park MOE
- *Newman Park TRARALGON
- *Edward Crooke Park ROSEDALE
- *Heyfield Primary School HEYFIELD
- *SALE...Location to be advised
- *STRATFORD...Location to be advised
- *MAFFRA...Location to be advised

Please don't hesitate to reach out via email or phone if you have any questions about any part of the process for application. Please also strongly consider volunteering as it is such a rewarding and an amazing opportunity to see how YOUR sponsorship is at work firsthand. There is a great article that we have put in the most recent June Licola newsletter about being a volunteer.

All volunteers are also welcome to use the bus with the children to be transported to and from camp. You must have a working with children's card, which is free and very easy to apply for online.

Please use the QR code below to apply for your club.

ALL APPLICATIONS MUST BE RECEIVED BY MONDAY 14^{TH} JULY...LATE APPLICATIONS CAN'T BE GUARANTEED . Once applications are received we will email you a confirmation.

Kind Regards
Tania
LSC Coordinator & Administration
Licola Wilderness Village
Tel: 03 5148 8791



POSITIONS VACANT: ALWF

AUSTRALIAN LIONS WELLBEING FOUNDATION INC

Position of **VICE CHAIRPERSON** of the Foundation

Applications are called for the position of Vice Chairperson of the Foundation for a four year term from November 2025.

Applications must be made in writing setting out the qualifications that you feel you have that would be of benefit to the Foundation. Applications must be from Lions in good standing from Constituent Member Clubs. An endorsement is required from their Club confirming that the applicant is a member in good standing and that the Club is a constituent member of the Foundation.

Details of the position are available from the Secretary of the Foundation at P O Box 530, Springwood QLD 4127 or e-mail - aldaf@bigpond.net.au

Applications are to be received by the Secretary no later than Friday 8 August 2025.

All applications will be considered by the Board of the Foundation at its November meeting and an appointment made.

David McKenzie Secretary

Position as a **DIRECTOR** of the Foundation

Applications are called for a position of Director for a four year term commencing from November 2025. Applications are to be received by the Secretary by Friday 8 August 2025

Applicants must be a member in good standing of a Constituent Member Club.

Applications should be sent to P O Box 530, Springwood QLD 4127, Phone: 0412 126577 or by email – <u>aldaf@bigpond.net.au</u>

Applications must be in writing and accompanied with an endorsement from their Club confirming that the applicant is a member in good standing and that the Club is a constituent member of the Foundation.

Should a potential applicant wish to obtain a copy of the position description please contact the Secretary.

All applications will be considered by the Board of the Foundation at its November meeting and appointments made.

David McKenzie Secretary





...AND LAST BUT DEFINITELY NOT LEAST



LIONS ASSISTANCE DOGS

As always, we recognise the special impact the Lions community has across Australia and on our organisation. Without Lions, we simply would not be here today.

In May, our team attended the Lions MD Convention In Traralgon; present was our Program Director. Darren, Development Director, Alix, CEO David shared his time as Council Chairperson, and many of our Board and District Chairpersons. It is a special opportunity to network and bring awareness to what we do here at Australian Lions Hearing Dogs. With our stall set up, we had interactive games available for those to learn in a fun and engaging way about our three programs, our Medical Assistance Dogs, Hearing Assistance Dogs and **Psychiatric** Assistance Dogs, and some of our pups in training. In addition, we were able to bring one of our Medical Assistance Dogs, Pippa, so that attendees could meet one of our very promising Assistance Dogs in training.

Whilst at the convention we were privileged to give a presentation by our Chairperson PDG Norm Alcock. It was another opportunity to spread awareness and understanding for what we do, our mission and our goals for the future.

One of these exciting aspects we were able to talk about was our rebrand. As of the 1st of July 2025, we will no longer be known as Australian Lions Hearing Dogs and will instead trade as Lions Assistance Dogs. Our change in name is not an organisational change, but a change reflective of organisational growth, as we feel it better reflects what we stand for today. Our Hearing Assistance Dog program is the basis in which we are formed, and we will continue to uphold the incredible services provided in this program. With the resources and experience developed through our many years, and the launch of our two new programs over the past 5 years, the change to Lions Assistance Dogs, whilst small, is a direct result of our growth and better represents our mission of providing Assistance Dog services to those in need, free of charge.

For any questions regarding the rebrand, or anything further on our programs, please feel free to contact us at development@lionsassistancedogs.com.au.





Thanks for reading!
Please send your news for the August edition.
All submissions to v3newsletter@gmail.com.

DEADLINE JULY 23





Lions District 201V3 Secretary:PDG Terry Hayler
Email: tha89654@bigpond.net.au

Newsletter Team Contact:
Paul Andrews
Email: v3newsletter@gmail.com